

# The Parish of The Transfiguration, Little Bowden

## Parish Eucharist in Lent

### THE GATHERING

#### *Hymn*

*The presiding minister may say*

In the name of the Father, and of the Son and of the Holy Spirit. **All: Amen.**

#### *The Greeting*

The Lord be with you **All: and also with you.**

(or)

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you

**All: and also with you.**

#### *Introduction and Welcome*

#### *Prayer of Preparation*

**All: In darkness and in light, in trouble and in joy,  
help us, heavenly Father, to trust your love,  
to serve your purpose, and to praise your name,  
through Jesus Christ our Lord. Amen.**

#### *Prayers of Penitence*

*A minister uses the summary of the Law.*

Our Lord Jesus Christ said: The first commandment is this:

‘Hear, O Israel, the Lord our God is the only Lord.

You shall love the Lord your God with all your heart, with all your soul,  
with all your mind, and with all your strength.’

The second is this: ‘Love your neighbour as yourself.’

There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

**All: Amen. Lord, have mercy.**

*A minister invites the congregation to confess their sins using these or other words.*

The sacrifice of God is a broken spirit;

a broken and contrite heart God will not despise.

Let us come to the Lord, who is full of compassion,  
and acknowledge our transgressions in penitence and faith.

**All: Lord God, we have sinned against you;  
we have done evil in your sight.  
We are sorry and repent.  
Have mercy on us according to your love.  
Wash away our wrongdoing and cleanse us from our sin.  
Renew a right spirit within us and restore us to the joy of your salvation,  
through Jesus Christ our Lord. Amen.**

*and/or (with penitential sentences)*

Lord, have mercy.

**Lord, have mercy.**

Christ, have mercy.

**Christ, have mercy.**

Lord, have mercy.

**Lord, have mercy.**

### **The Absolution**

*The presiding minister declares God's forgiveness using these or other suitable words.*

Almighty God, who forgives all who truly repent,  
have mercy upon you, pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal; through Jesus Christ our Lord. **All: Amen.**

### **The Collect**

*The presiding minister says the Collect, the prayer that 'collects' together the themes of the day.*

**All: Amen.**

## **THE LITURGY OF THE WORD**

### **The Readings**

*Either one or two readings from Scripture precede the Gospel reading.*

*At the end of each reading this response is used.*

This is the word of the Lord. **All: Thanks be to God.**

### **Hymn.**

### **The Gospel**

*When the Gospel is announced the reader says*

Hear the Gospel of our Lord Jesus Christ according to *N*

*At the end*

This is the Gospel of the Lord. **All: Praise to you, O Christ.**

### **Sermon**

### **The Creed**

**All: We believe in one God, the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge on baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

### **Prayers of Intercession**

*During the prayers the following bidding and response may be used*

Lord, in your mercy.

**All: Hear our prayer.**

*At the end these words may be used*

Merciful Father,

**All: accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

# THE LITURGY OF THE SACRAMENT

## **The Peace**

*The presiding minister introduces the peace and then says*

The peace of the Lord be always with you. **All: And also with you.**

*A minister says*

Let us offer one another a sign of peace.

## **Hymn**

*The altar is prepared.*

*The presiding minister takes the bread and wine and may say words which end with the response*

**All: Blessed be God for ever.**

## **The Eucharistic Prayer (Prayer A)**

The Lord be with you

**All: and also with you.**

Lift up your hearts.

**All: We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All: It is right to give thanks and praise.**

It is indeed right and good to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.

For in these forty days you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace and learn to be your people once again.

Through fasting, prayer and acts of service  
you bring us back to your generous heart.

Through study of your holy word

you open our eyes to your presence in the world

and free our hands to welcome others into the radiant splendour of your love.

As we prepare to celebrate the Easter feast with joyful hearts and minds  
we bless you for your mercy and join with saints and angels  
for ever praising you and saying:

**All: Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**[Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.]**

Accept our praises, heavenly Father,  
through your Son our Saviour Jesus Christ,  
and as we follow his example and obey his command,  
grant that by the power of your Holy Spirit  
these gifts of bread and wine may be to us his body and his blood;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks;  
he gave it to them, saying: Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Therefore, heavenly Father,  
we remember his offering of himself  
made once for all upon the cross;  
we proclaim his mighty resurrection and glorious ascension;  
we look for the coming of your kingdom,  
and with this bread and this cup  
we make the memorial of Christ your Son our Lord.

Jesus Christ is Lord:

**All: Lord, by your cross and resurrection you have set us free.  
You are the Saviour of the world.**

Accept through him, our great high priest,  
this our sacrifice of thanks and praise,  
and as we eat and drink these holy gifts  
in the presence of your divine majesty,  
renew us by your Spirit, inspire us with your love  
and unite us in the body of your Son,  
Jesus Christ our Lord.

Through him, and with him, and in him,  
in the unity of the Holy Spirit,  
with all who stand before you in earth and heaven,  
we worship you, Father almighty,  
in songs of everlasting praise:

**All: Blessing and honour and glory and power  
be yours for ever and ever. Amen.**

### ***The Lord's Prayer***

As our Saviour taught us, so we pray

**All: Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Lead us not into temptation but deliver us from evil.  
for the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

*(or)*

Let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation; but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.**

### ***Breaking of the Bread***

Every time we eat this bread and drink this cup

**All: we proclaim the Lord's death until he comes.**

*The Agnus Dei may be said or sung as the bread is broken.*

**All: Lamb of God, you take away the sin of the world, have mercy on us.  
Lamb of God, you take away the sin of the world, have mercy on us.  
Lamb of God, you take away the sin of the world, grant us peace.**

*(or)*

**All: Jesus, Lamb of God, have mercy on us.  
Jesus, bearer of our sins, have mercy on us.  
Jesus, redeemer of the world, grant us peace.**

## **Giving of Communion**

*The presiding minister says these or other words of invitation to communion.*

Draw near with faith.

Receive the body of our Lord Jesus Christ which he gave for you  
and his blood which he shed for you.

Eat and drink in remembrance that Christ died for you,  
and feed on him in your hearts by faith with thanksgiving.

*All respond*

**All: Most merciful Lord, your love compels us to come in.  
Our hands were unclean, our hearts were unprepared;  
we were not fit even to eat the crumbs from under your table.  
But you, Lord, are the God of our salvation,  
and share your bread with sinners.  
So cleanse and feed us with the precious body and blood of your Son,  
that he may live in us and we in him;  
and that we, with the whole company of Christ,  
may sit and eat in your kingdom. Amen.**

## **Act of Reception**

*If you are in church and would like to receive Communion or come forward for a prayer of blessing, all are welcome to do so. Please be directed by the Wardens.*

*If you prefer not to receive at this time, or are unable to, you may wish to make what is called a 'spiritual communion' which is a way of uniting yourself with Jesus and entering into communion with him, even though you are not able to receive the sacrament itself. The following prayer may be helpful.*

**My Jesus, I believe that you are present in the Most Holy Sacrament.  
I love you above all things, and I desire to receive You into my soul.  
Since I cannot at this moment receive you sacramentally, come into my heart.  
I embrace You as if You were already there and unite myself wholly to You.  
Never permit me to be separated from You. Amen.**

## **Prayer after Communion**

*The post communion or another suitable prayer may be said, followed by*

**All : Strengthen for service, Lord, the hands that have taken holy things;  
may the ears which have heard your word  
be deaf to clamour and dispute;  
may the tongues which have sung your praise  
be free from deceit;  
may the eyes which have seen the tokens of your love  
shine with the light of hope;  
and may the bodies which have been fed with your body  
be refreshed with the fullness of your life. Amen.**

## **THE DISMISSAL**

### **Notices and Banns of Marriage**

### **Hymn**

### **The Blessing**

*The presiding minister uses this or another suitable blessing.*

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**All: Amen.**

*A minister says the dismissal*

Go in peace to love and serve the Lord.

**All: In the name of Christ. Amen.**